



RUCK 22

John Pettit Memorial Walk

What to expect:

6:30: Breakfast starts @ Central Park (hard boiled eggs, muffins, small sausages, juice, bananas, oranges, grapes, etc)

7:00: registration opens for late registrants, t-shirt pick up

7:15: National Anthem, guest speaker Tami Romo and opening prayer

7:30: Cyclists depart, then 22 mile and 10k walkers depart, then 2.2 mile walkers

Maps for walkers are available on the website [linked here](#).

Cycling routes:

12 miles

<https://www.strava.com/routes/3221271782195414848>

21 miles

<https://strava.app.link/f6er5xdFhJb>

40 mile

<https://strava.app.link/98bJf3kFhJb>

www.VFW4724.org/ruck-22

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